



Union Titans

Summer 2011

Speed and Agility Training



Who: This experience is for athletes from any sports background.

By: Jason Moore – Assistant Soccer Coach at Concordia University and Union High School

What: Focus is on Acceleration, Increased Speed, Overall Fitness, and Core Strength

When: Every Tuesday and Thursday, 8:00am to 9:30am for ages 13 and under. 9:30am to 11:00am for ages 14 and above.

Sessions start Tuesday, June 28th and conclude on Thursday, August 18th.

Where: We will start every session on the track and finish at other designated areas..

Why: To help desiring young athletes prepare for their upcoming seasons of competition.

How to Participate: All participants and parents must fill-out and sign the registration form and waiver of participation below.

Cost: \$65.00 per session. **Make Checks payable to Union Soccer Boosters.** Send Registration and Payments to 18308 SE 24th Way, Vancouver, WA 98683.

For More Information: Contact Coach Moore @ jason.moore@evergreenps.org or Coach Burriss @ kelcey.burriss@evergreenps.org

Name: _____

Age: _____

Address: _____

Session Choice: _____

Home Phone: _____ Cell Phone: _____

E-Mail Address: _____

Emergency Contact: _____

Emergency Phone Number: _____

I give my son/daughter permission to participate in this camp. I understand precaution is taken, accidents can sometimes happen. Therefore, in exchange for the Evergreen School District, The Titan Soccer Academy, the directors, sponsors, and the coaches, allowing my child to participate in this camp, I understand and expressly acknowledge that I release the Evergreen School District, The Titan Soccer Academy, the directors, sponsors, and the coaches, its staff members, volunteers, and board members from all liability for any injury, loss or damage whatsoever while participating, whether on or off the premises. I understand that this release includes any claims based on negligence, action or inaction for the Evergreen School District, The Titan Soccer Academy, its staff, directors, volunteers, coaches, sponsors, members, or guests. I grant permission for my child to participate in all activities of this camp.

I understand that on occasion photos, videos, audio, or printed material for the Titan Soccer Academy or UHS Soccer Program promotion or publicity may be taken or made during the activities. I grant permission and authority to the Titan Soccer Academy or UHS Soccer Program for the use of my child's or family's likeness in any such promotion or publicity.

Parent/Guardian Signature: _____

Date: _____