QB, RB, WR, TE & K

TD PASS	
0-19	3
20-39	5
40-59	7
60-79	9
80+	11

TD RUSH OR RECEIVE	
0-39	6
40-49	7
50-59	8
60-69	9
70-79	10
80-89	11
90+	12

TD by PR, KR, Blocked PR, Blocked FG	
0-50	3
51-80	7
81-100	8
101+	9

RECEPTIONS	
+1 every 3	

PASSING YARDS		
200	1	
+1 every 50		

RUSH OR RECEIVE YARDS	
25	1
+1 every 25	

TWO PT CONVERSION	
Pass	1
Receive	1
Rush	2

TURNOVERS	
Int Thrown	-1
Fumble Lost	-1

FIELD GOAL		
0-39	3	
40-49	4	
50-59	5	
60+	10	

EXTRA POINT		
Kicked 1		

MISSED KICKS	
FG	-1
Extra Pt	-1

DEFENSE

TD RETURN (Any Return)		
0-69	6	
0-79	7	
80-89	8	
90-99	9	
100+	10	

Fumble Recovery	1
Interception	1
Sack	1
Blocked Kick (any)	1
Safety	2

YARDS AGAINST		
Total	0-199	1
	200-499	0
	500+	-1
Pass	0-99	1
	100-299	0
	300+	-1
Rush	0-99	1
	100-199	0
	200+	-1

POINTS AGAINST		
0	10	
1-6	6	
7-12	3	
13-18	0	
19-24	-1	
25-30	-3	
31+	-5	
Int Returns, FR Returns, & Safeties Don't Count		

A Team can not go below 0 points

A Team will lose 3 points for each Invalid player.

A Team will lose 3 points for each player on Bye.

A Team will lose 3 points for each player listed on the Official NFL Injury Report as OUT

A Team will lose 3 points for each player listed on the Official NFL IR List

A Team will lose 3 points for each player listed on the Official NFL PUP List

A Team will lose 3 points for each player who has been suspended for the week

A Players status can not change after the lineup deadline